



Lothian Phoenix Wheelchair Basketball Club

Parent Welcome Pack

The aim of this pack is to provide parents, both new and existing with information about the club, the coaching and what you and your children can expect.



In Conjunction with
basketballscotland
clubbasketball

www.lothianphoenix.org.uk

www.basketball-scotland.com

Lothian Phoenix

Child and Vulnerable Adult Protection Policy

Responsibilities

Lothian Phoenix will:

- Promote the health and welfare of children and vulnerable adults by providing opportunities for them to take part in wheelchair basketball safely.
- Respect and promote the rights, wishes and feelings of children and vulnerable adults.
- Promote and implement appropriate procedures to safeguard the well being of children and vulnerable adults and protect them from abuse.
- Recruit, train, support and supervise its members to adopt best practice to safeguard and protect children and vulnerable adults from abuse and to minimise risk to themselves.
- Require members to adopt and abide by this Child and Vulnerable Adult Protection Policy and these Procedures.
- Respond to any allegations of misconduct or abuse of children or vulnerable adults in line with this Policy and these Procedures as well as implementing, where appropriate, the relevant disciplinary and appeals procedures.

Lothian Phoenix

Details

Lothian Phoenix provides opportunities for all young people, their parents and volunteers to become involved in wheelchair basketball. The club encourages fun, participation, sportsmanship and the social aspects of sport to anyone interested in participating. All we ask in return is that you respect the other members of the club, other teams and officials who support the game.

Lothian Phoenix is affiliated to **basketball**scotland and Great Britain Wheelchair Basketball Association (GBWBA).

You will be provided with a player registration form, accompanied by a consent form that covers medical information. It also requires contact numbers, in case of emergency. Please ensure it is completed as soon as possible and returned to the club secretary.

Lothian Phoenix has a complete First Aid Kit that is taken to all training and games.

Club Training / Match Details

The following sessions are available to young children:

Club Training - Thursday 7-8.30pm at Bathgate Academy, Bathgate

These sessions are led by

Stevie Duff - Head Coach (Also GB Women Wheelchair Coach)

SBA Level 2 Qualified Coach

GBWBA Level 2 Qualified Coach

Other qualified coaches

Gary Smith

SBA Level 2 Qualified Coach

GBWBA Level 2 Qualified Coach

Robert O'Rorke

GBWBA Level 2 Qualified Coach

David Gilmour

GBWBA Level 2 Qualified Coach

Simon Ramsay

SBA Level 1 Qualified Coach

GBWBA Level 2 Qualified Coach

Mark Stevenson

SBA Level 1 Qualified Coach

GBWBA Level 2 Qualified Coach

For all games, supporters with loud encouraging voices are always required.

Lothian Phoenix Organisation

As with the majority of sports clubs, this club is run by volunteers. These people are players, parents and other supporters who give their time to ensure club members benefit. They administer the club, conduct the coaching and transport club members to activities and games.

Committee

The Club is run by the following people

Chairperson	Stevie Duff
Secretary	Jennifer Edgar
Treasurer	Niall Ritchie

These people work hard for the club and any assistance you can give them would be greatly appreciated. If you would like to find out more or volunteer for one of the above positions please contact Stevie Duff on 01875 619068

Coaching & Officiating

If you are interested in becoming a leader, coach or referee, **basketballscotland** and GBWBA run courses for each of these roles. To find out more please contact **basketballscotland** on 08709 501033, or visit the Downloads section of their Website, www.basketball-scotland.com or www.gbwba.org.uk. The club is able to assist with costs of training. No experience, only enthusiasm required!

Volunteer Opportunities within Lothian Phoenix

Volunteers

The club is run by many volunteers providing small amounts of assistance. We understand the time commitments of parents and would happily appreciate any support available.

A number of ways you can support the club include:

- Collecting money at training sessions
- Providing sandwiches for opponents after matches
- Running a fundraising event
 - Organising a Raffle
 - Donate an item for a raffle
- Assisting with organization of Annual fund-raising events (e.g. Quiz night)
- Organise a social event for the young members
- Anything else you see needs to be done.

If you are interested in supporting the club through any of these methods please contact Stevie Duff on 01875 619068.

Member Guidelines

Lothian Phoenix is fully committed to safeguarding and promoting the well being of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with Stevie Duff, Chairperson.

As a member of Lothian Phoenix you are expected to abide by the following club guidelines:

- All members must play within the rules and respect officials and their decisions.
- All members must respect opponents.
- All members, parents and supporters will conduct themselves in an orderly fashion and refrain from using language that is considered to give offense to others.
- All members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.
- All members must wear suitable kit for training and match sessions, as agreed with the coach/team manager.
- All members must pay any fees for training or events promptly.
- Members are not allowed to take drugs of any kind (other than for medical purposes) whilst representing the club.
- Junior members are not allowed to smoke whilst representing the club at any competitions.
- Junior members are not allowed to consume alcohol whilst representing the club.

In addition, **basketballscotland's** Code of Conduct applies in all **basketballscotland** events and competitions.

Coaches Code of Conduct

The Lothian Phoenix supports and requires the following good practice by coaches when in contact with children and vulnerable adults.

- Do not tolerate acts of aggression.
- Provide feedback to players and other participants in a manner sensitive to their needs. Avoid overtly negative feedback.
- Recognise players' rights to consult with other coaches and advisers. Cooperate fully with other specialists (for example, sports scientists, doctors and physiotherapists).
- Treat all players fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status and other conditions.
- Encourage and facilitate players' independence and responsibility for their own behaviour, performance, decisions and actions.
- Involve the players in decisions that affect them.
- Encourage players to respect one another and to expect respect for their worth as individuals regardless of their level of play.
- Ensure that the tasks and/or training set are suitable for age, experience, ability, and physical and psychological conditions of the players.
- Ensure any physical contact with players is appropriate to the situation and necessary for the player's skill development.
- Be acutely aware of the power that you as a coach develop with your players in the coaching relationship and avoid any sexual intimacy with players that could develop as a result.
- Avoid situations with your players that could be construed as compromising.
- Actively discourage the use of performance enhancing drugs, and the use of alcohol, tobacco and illegal substances.
- Do not exploit any coaching relationship to further personal, political or business interests at the expense of the best interest of your players.
- Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules.
- Know and abide by rules, regulations and standards, and encourage players to do likewise. Accept both the letter and the spirit of the rules.
- Be honest and ensure that qualifications are not misrepresented.

Parent & Guardian Code of Conduct

Parents and Guardians are amongst the greatest sources of influence for youth players and as such the club expects that they act in line with the Parent & Guardian Code of Conduct to ensure the best possible environment for children to play basketball.

- Respect the rights, dignity and worth of others.
- Remember that your child participates in sport for their own enjoyment, not yours.
- Focus on your child's efforts and performance rather than winning or losing.
- Never ridicule or yell at your child and other children for making a mistake or losing a competition.
- Show appreciation for good performance and skilful plays by all players (including opposing players).
- Demonstrate a high degree of individual responsibility especially when dealing with or in the vicinity of persons under 18 years of age, as your words and actions are an example.
- Respect officials' decisions and teach children to do likewise.
- Do not physically or verbally abuse or harass anyone associated with the sport (player, coach, umpire and so on).
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
- Be a positive role model.
- Understand the repercussions if you breach this code of behaviour

Spectators Code of Conduct

While the club encourages parents, friends, and the public to come and watch games, the club is committed to ensuring players participate in an environment conducive to skill development, personal growth, and enjoyment. Therefore, spectators are expected to adhere to the Spectator Code of Conduct at all times.

- Respect the decisions of officials and teach young people to do the same.
- Never ridicule or scold a young player for making a mistake. Positive comments are motivational.
- Condemn the use of violence in any form, whether it is by other spectators, coaches, officials or players.
- Show respect for your team's opponents. Without them there would be no game.
- Do not use violence, harassment or abuse in any form (that is, do not use foul language, sledge or harass players, coaches, officials or other spectators).
- Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.

Lothian Phoenix Wheelchair Basketball Club

Medical & Parent/Guardian Consent Form

Name: _____

Address: _____

Home Tel: _____

Mobile Tel: _____

Date Of Birth: _____

Classification: _____

Are you taking any medication? If yes, please state:

Do you suffer from any allergies e.g. peanut, penicillin? If yes, please state:

Do you have any specific Dietary requirements? If yes, please state:

If aged Under 16 your parent/guardian must complete the following section:

I _____ give my permission for my son/daughter to take part in the GBWBA and **Basketball**scotland leagues with Lothian Phoenix. This includes travelling to and from and taking part in matches, squad sessions and any overnight trips for away fixtures within the British Isles. International tours will need special permission from myself.

During some squad activities, photographs/video footage may be taken by media or coaching staff for promotional and marketing purposes. Please advise if you have any objections.

Signed: _____ **Player/Parent/Guardian** (please delete)

Phone number (day) _____ **(evening)** _____